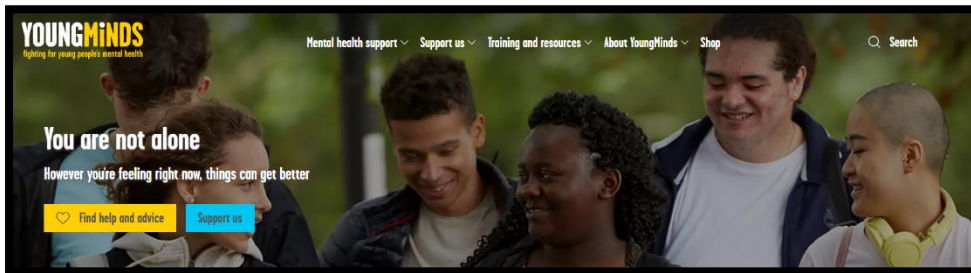


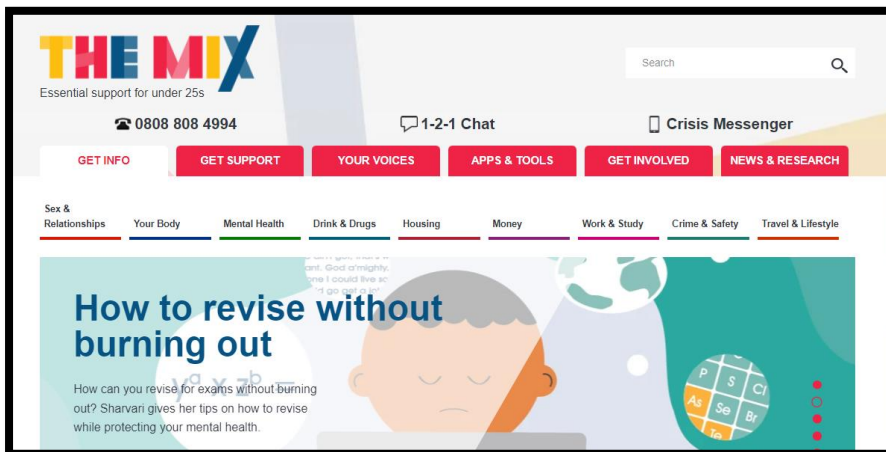
Useful Websites:

1. Websites which cover all mental health issues.

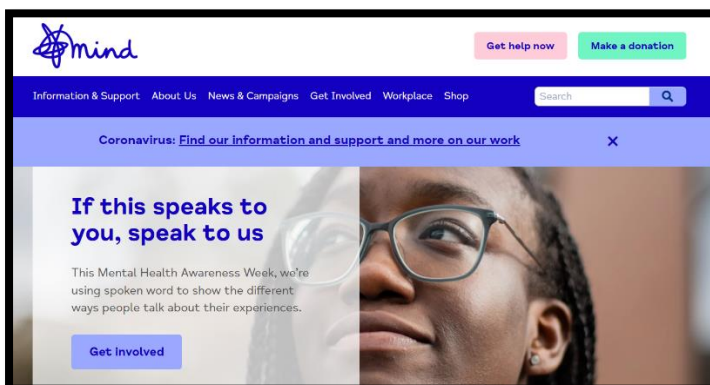
<https://www.youngminds.org.uk/>



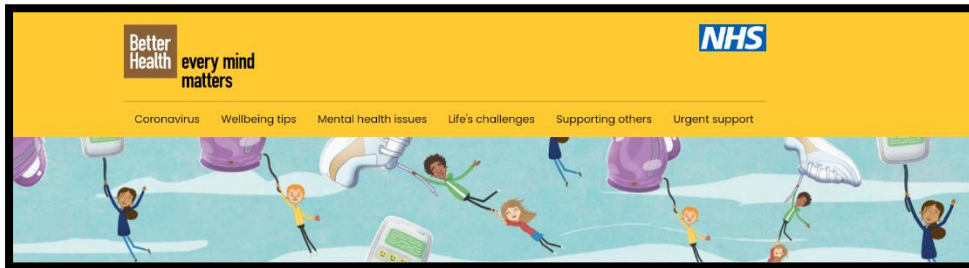
<https://www.themix.org.uk/>



<https://www.mind.org.uk/>



<https://www.nhs.uk/every-mind-matters/>

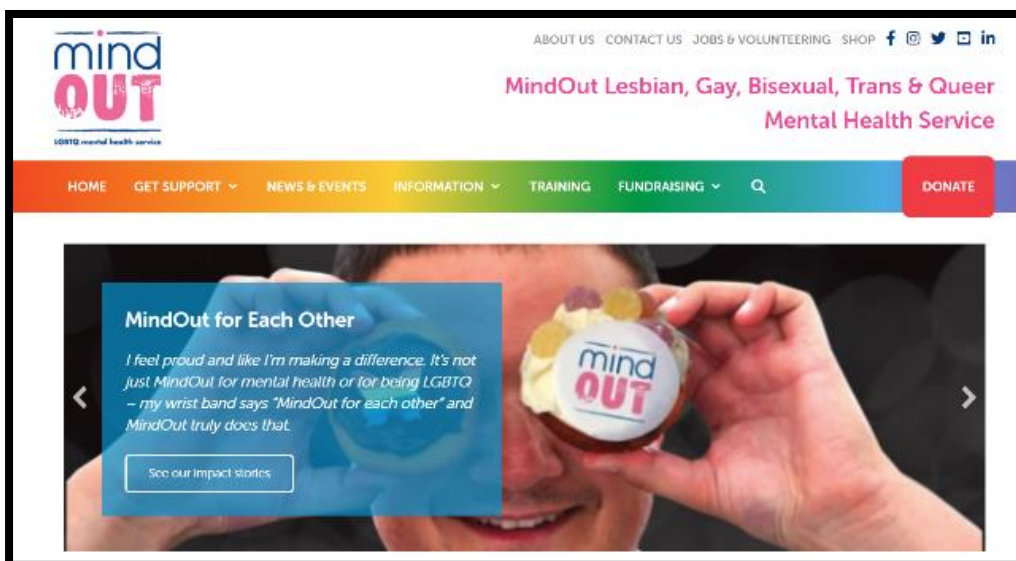


<https://www.westsussexwellbeing.org.uk/>



LGBTQ Mental Health Support

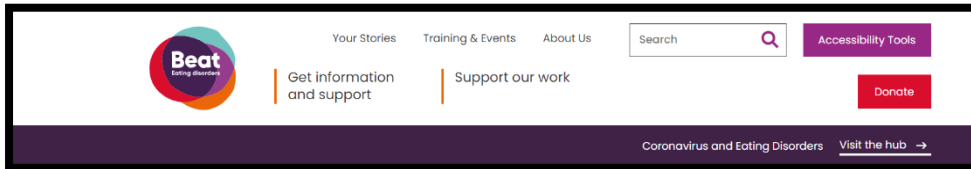
<https://mindout.org.uk/>



2. Subject Specific Websites:

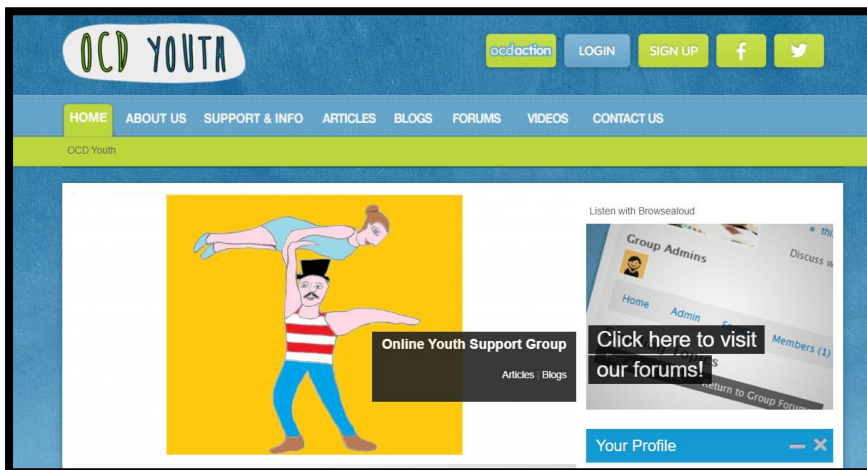
Eating Disorders

<https://www.beateatingdisorders.org.uk/>



OCD

<https://ocdyouth.org/>



Self-Harm

<https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/self-harm/>



Sexual Health/Sexual safety

<https://www.stopitnow.org.uk/>

The screenshot shows the homepage of Stop It Now! UK & Ireland. At the top left is the logo with the tagline "Helping prevent child sexual abuse". To the right, it features a "Confidential Helpline: 0808 1000 900" with social media icons for Facebook, Twitter, LinkedIn, and YouTube. Below this is a navigation menu with "Home", "Help and Support", "About", and "Support Us", along with a "Donate Now" button. A secondary navigation bar includes "Helpline, live chat, secure email" and a language selection dropdown. The main content area is titled "Confidential help and support" and contains three columns of text, each with a corresponding image: a person's profile, hands clasped at a table, and a hand moving a chess piece.

Stop It Now!
UK & IRELAND
Helping prevent child sexual abuse

Confidential Helpline: 0808 1000 900

Our impact | Wales | Scotland | Ireland | FAQ | Resources | News and blog

Select Language
Powered by **Google Translate**

Home Help and Support About Support Us **Donate Now**

Helpline, live chat, secure email

Confidential help and support

Are you concerned about your own thoughts or behaviour?

Are you concerned about the behaviour of another adult?

Are you concerned about a child or young person's sexual behaviour?

<https://www.bishuk.com/>

The screenshot shows the homepage of BISH. The top section features the BISH logo, which consists of a stylized heart shape next to the word "BISH". Below the logo is a navigation menu with links for "Sex", "Love", "You", "Bodies", "Safer Sex", "Porn", "Your Call", "Teach", "Your Questions", "About", "The Book", and "Support BISH". The main content area has a dark background with the text "A guide to sex, love and you. For everyone over 14." and a graphic of two overlapping hearts.

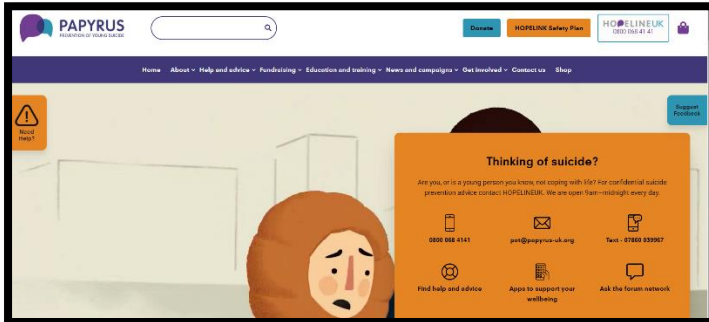
BISH

Sex Love You Bodies Safer Sex Porn Your Call Teach Your Questions About The Book Support BISH

A guide to sex, love and you.
For everyone over 14.

Suicidal thoughts/suicide

<https://www.papyrus-uk.org/>



<https://www.samaritans.org/>

