

# Psychology Year 1 Scheme of Work 2025-26

The week	In class	Planned Study	For students
Autumn term 1-2	Enrolment 26 Aug – 5 Sept	Summer task	
Week 3 08 Sept	<b>Introduction:</b> Approaches; Research methods; Qualitative + Quantitative types of data; Ethics in psychological research, mindset	<b>Fill in the Red Booklet:</b> pp.4-5; 10; 14-6; 20-2; 25-6 <b>Make notes on:</b> Coding, Capacity and Duration of memory pp. 42-43	Red RM booklet Guide to success
Week 4 15 Sept	<b>Experiments:</b> Hypothesis; Control of variables; Experimental design; Types of experiments <b>Memory</b> Coding capacity and duration	<b>Make notes on:</b> Multi store model of memory p 44-45	Pack 1 set 1
Week 5 22 Sept	<b>Memory</b> Multi store A01 Coding capacity and duration <b>ASSESSMENT 1 - INDUCTION</b>	<b>Make notes on:</b> Working memory model pp. 46-47 Interference theory of forgetting pp 48-49	
Week 6 29 Sept	<b>Memory</b> The Multi-store Model (A03) Working memory	<b>Make notes on:</b> Retrieval failure pp 50-51 Leading questions and post event discussion pp. 52-53	Pack 1 set 2
Week 7 06 Oct	<b>Memory</b> Theories of Forgetting: Interference Theory Retrieval Failure <b>ASSESSMENT 2 – MEMORY</b>	<b>Make notes on:</b> The effects of anxiety on EWT pp. 54-55 Cognitive interview pp. 56-57	
Week 8 13 Oct	<b>Memory</b> Factors effecting Eye witness testimony: Leading questions Post event discussion	<b>Fill the Red Booklet:</b> pp. 27-31; 33  <b>Consolidation of memory topics</b> , create revision resources	Pack 1 set 3

	The effect of anxiety on EWT Cognitive interview		Create revision resources for memory
<b>Week 9</b> <b>20 Oct</b>	<b>Research project</b> focusing on Memory and Experimental method including data analysis; descriptive statistics; normal/skewed distribution; graphs; Sign test	<b>Fill in the Red Booklet:</b> pp. 34-6 if not done in lesson (sign test) <b>Make notes on:</b> Asch's research pp. 18-19 Types and explanations of conformity pp. 16-17	<b>Pack 2 set 1</b>  <b>Mid year checklist</b>  <b>12 M in pack</b>
<b>October half term</b>			
<b>Week 10</b> <b>03 Nov</b>	<b>Research methods sampling and sign test</b>  <b>Social Influence</b> Types and explanations	<b>Make notes on:</b> Milgram's research pp. 20-21	<b>Pack 2 set2</b>  <b>12 M in pack</b>
<b>Week 11</b> <b>10 Nov</b> (well being fri, open ev W and T)	<b>Social Influence</b> Conformity: Asch's research Obedience: Milgram's original research	<b>Make notes on:</b> Situational variables pp. 22-23 Agentic state and Legitimacy of authority pp. 24-25	<b>Pack 2 set 3</b>
<b>Week 12</b> <b>17 Nov</b>	<b>Social Influence</b> Obedience: Situational variables Agentic state; Legitimacy of authority <b>ASSESSMENT 3 – RESEARCH METHODS</b>	<b>Fill in the Red Booklet:</b> pp. 8, 17-8, 11-2 (sampling) <b>Make notes on:</b> Authoritarian personality pp. 26-27	<b>Revision schedule</b>
<b>Week 13</b> <b>24 Nov</b>	<b>Self-report</b> <b>Social Influence</b> Obedience: Authoritarian personality	<b>Make notes on:</b> Resistance to social influence: Social support; Locus of Control pp. 28-29 Minority Influence pp. 30-31	<b>Pack 2 set 4</b>
<b>Week 14</b> <b>01 Dec</b>	<b>Social Influence</b> Resistance to social influence: Social support; Locus of Control Minority Influence	<b>Fill in the Red Booklet:</b> pp. 9; 13 (only correlation) and 32	<b>Pack 2 set 5</b>

<b>Week 15</b> <b>08 Dec</b>	<b>Research project</b> focusing on Social influence, Self- report and Correlation <b>ASSESSMENT 4 – SOCIAL INFLUENCE</b>	<b>Consolidation of memory and social:</b> Create revision resources  <b>Fill in the red Booklet:</b> pp. 13 (pilot study), pp. 6-7, 19	
<b>Week 16</b> <b>15 Dec (3 days)</b>	<b>Consolidation of social and memory</b>	<b>Make notes on: Attachment</b> Lorenz's and Harlow's research pp. 68-67 Bowlby's monotropic theory pp. 72-73	<b>Pack 2 set 6</b>  <b>Create revision resources for social</b>
<b>Christmas holidays</b>			
<b>Week 17</b> <b>05 Jan</b>	<b>Attachment</b> Animal research: Lorenz; Harlow Bowlby's monotropic theory	<b>Make notes on:</b> Learning theory as explanation of attachment pp. 70-71 The Strange Situation pp. 74-75	<b>Pack 2 set 7</b>  <b>Glossary reminder</b>
<b>Week 18</b> <b>12 Jan</b>	<b>Attachment</b> Learning theory as explanation of attachment The Strange Situation	<b>Make notes on:</b> Cultural variations in attachment pp. 76-77	<b>Pack 2 set 8</b>
<b>Week 19</b> <b>19 Jan</b>	<b>MOCK EXAM</b> <b>Research project</b> focusing on Attachment and Observational method	<b>Make notes on:</b>  Theory of maternal deprivation pp. 78-79	
<b>Week 20</b> <b>26 Jan</b>	<b>Attachment</b> Cultural variations in attachment Theory of maternal deprivation	<b>Make notes on:</b> English and Romanian adoptees project- institutionalisation pp. 80-81 The influence of early attachments on childhood and adult relationships pp 82-83	<b>Pack 2 set 9</b>
<b>Week 21</b> <b>02 Feb</b>	<b>Attachment</b> English and Romanian adoptees project- institutionalisation The influence of early attachments on childhood and adult relationships	<b>Make notes on:</b> Psychodynamic approach pp. 106-107 Behaviourist approach pp. 94-95	<b>Create revision resources for attachment</b>

Week 22 09 Feb  Y2 exam week	<b>Approaches</b> Psychodynamic	<b>Make notes on:</b> Social learning pp. 96-97  Consolidation of attachment, create revision resources	Pack 3 set 1 Transfer checklist  12 M in pack
<b>February half term</b>			
Week 23 23 Feb	<b>Approaches</b> Behaviourist approach Social learning <b>ASSESSMENT 5 – ATTACHMENT AND RESEARCH METHODS</b>	<b>Make notes on:</b> Cognitive approach pp. 98-99 Humanistic approach pp 108-109	Pack 3 set 2
Week 24 02 Mar	<b>Approaches</b> Cognitive Humanistic	<b>Make notes on:</b> Biological approach pp. 100-101 The nervous system; The endocrine system pp 102-103	Pack 3 set 3  12 M in pack
Week 25 09 Mar	<b>Approaches</b> Biological The nervous system; The endocrine system, Fight or Flight response	<b>Make notes on:</b> Neurons and synaptic transmission pp.104-105	
Week 26 16 Mar	<b>Approaches</b> Neurons and synaptic transmission <b>ASSESSMENT 6 - APPROACHES</b>	<b>Make notes on:</b> Definitions in the field of mental health pp. 122-125	Pack 3 set 4  Create revision resources for approaches
Week 27 23 Mar	<b>Clinical psychology and mental health</b> Definitions in the field of mental health Statistical infrequency Deviation from social/ cultural norms Failure to function adequately Deviation from ideal mental health	<b>Make notes on:</b> OCD: Characteristics pp. 130-131 OCD: Explanations pp. 140-141 OCD: Treatments pp. 142-143	Pack 3 set 5  12 M in pack
<b>Easter holidays</b>			
Week 28 13 Apr	<b>Clinical psychology and mental health</b> OCD: Characteristics	<b>Make notes on:</b> Depression: Characteristics pp. 128-129	Pack 3 set 6

	OCD: Explanations OCD: Treatments	Depression: Explanations pp. 136-137 Depression: Treatments pp. 138-139	
<b>Week 29</b> <b>20 Apr</b>	<b>Clinical psychology and mental health</b> Depression: Characteristics Depression: Explanations Depression: Treatments	<b>Make notes on:</b> Phobias: Characteristics pp. 126-127 Phobias: Explanations pp. 132-133 Phobias: Treatments pp. 134-135	<b>Pack 3 set 7</b>  <b>12 M in pack</b>
<b>Week 30</b> <b>27 Apr</b>	<b>Clinical psychology and mental health</b> Phobias: Characteristics Phobias: Explanations Phobias: Treatments	Revision	<b>Create revision resources for clinical and mental health</b>
<b>Week 31</b> <b>04 May</b> (mon bank hol)	Revision	<b>Revision- consolidation of clinical psychology and mental health</b>	
<b>Week 32</b> <b>11 May</b>	<b>TRANSFER EXAMS</b>		
<b>Week 33</b> <b>18 May</b>	Study leave	Using Y12 textbook- Make notes on: Nature vs Nurture debate pp. 100-1 Cultural bias pp.96-7	
<b>June half term</b>			
<b>Week 34</b> <b>01 June</b>	<b>WEX week</b>		
<b>Week 35</b> <b>08 June</b>	<b>Issues and Debates</b> Nature vs Nurture Cultural bias	Make notes on: Gender bias pp.94-5 Reductions vs holism pp.102-3	Pack 4 set 1
<b>Week 36</b> <b>15 June</b>	<b>Issues and Debates</b> Gender bias Reductionism and Holism	Make notes on: Determinism vs Free will pp. 98-9	Pack 4 set 2  <b>16 Mark question</b>
<b>Week 37</b> <b>22 June</b>	<b>Issues and Debates</b> Determinism and Free will	Make notes on: Idiographic and nomothetic approach pp. 104-5	Pack 4 set 3

<b>Week 38</b> 29 June (welcome day M and T)	<b>Issues and Debates</b> Idiographic and Nomothetic approach	Make notes on: Social sensitivity in psychological research pp.106-7	Pack 4 set 4
<b>Week 39</b> 06 July (Thurs open, wellbeing Friday)	<b>Issues and Debates</b> Social sensitivity in psychological research	<b>Consolidation of issues and debates</b>	
<b>Week 40</b> 13 July (3 days)	<b>Complete Issues and Debates</b>	<b>Summer work set</b>	
<b>Summer holidays</b>			