

A background image showing three young people sitting outdoors on a bench. On the left is a young woman with long blonde hair and glasses, smiling. In the center is a young man with long dark hair, also smiling. On the right is a young man with short dark hair, wearing a blue denim shirt over a red t-shirt with a patterned scarf, looking down and smiling. They are all wearing lanyards. The background is a soft-focus outdoor setting with greenery and a building.

New Parents & Carers

INFORMATION EVENING

Andrea John: Vice Principal (Pastoral)

Rob Hussey: Vice Principal (Curriculum)



COMMUNITY, OPPORTUNITY, ACHIEVEMENT

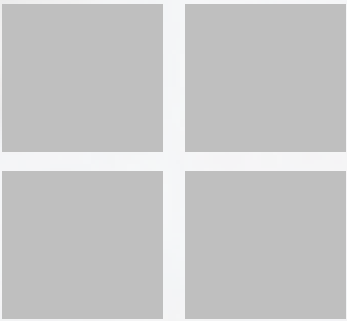
Curriculum Information

Rob Hussey
Vice Principal
Curriculum

Stepping up to sixth form

- Attendance, punctuality, commitment, perseverance
- College timetable and independent study
- Studentship
- Exams and assessments
- MyProgress
- Progress reviews

Collyer's 360°: Typical study programme



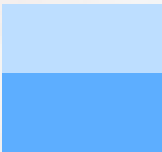
1 A-Level / BTEC
4 x 1hr 5 mins



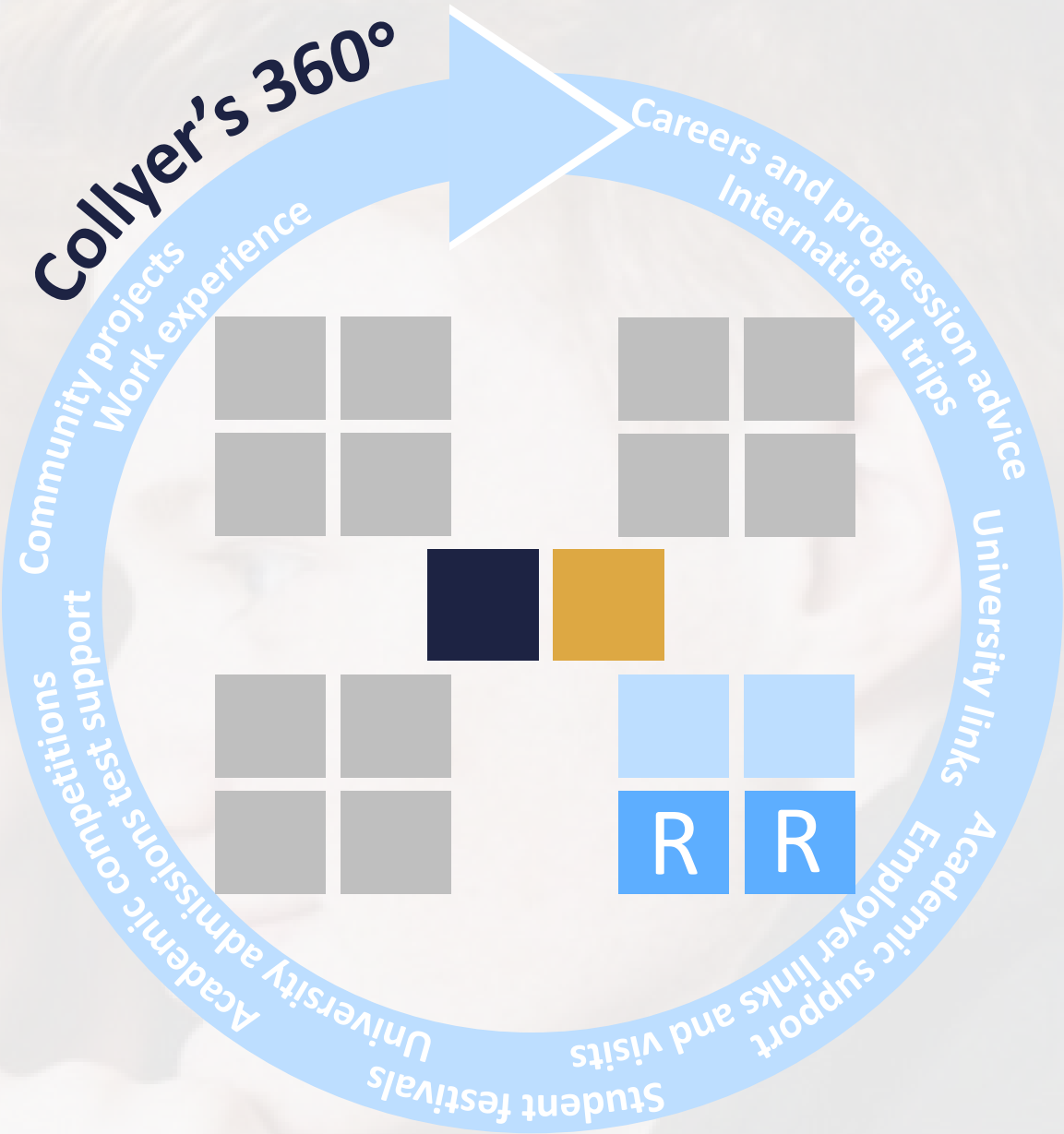
Tutor 1 hr



Enrichment 1hr



Pro-Study 4 x 1hr 5mins



College timetable and developing independence

Period/Time	Monday	Tuesday	Wednesday	Thursday	Friday
1 8:40 – 9:45	F1 Subject 1	A1	G3 Pro-Study On campus	C2	B4 Subject 3
2 9:45-10:50	E1	G1 Pro-Study On campus	D3 Subject 2	F2 Subject 1	C3
10:50 – 11:10	Break	Break	Break	Break	Break
3 11:10 – 12:15	E2 Tutor	G2 Pro-Study Registered	D4 Subject 2	F3 Subject 1	C4
4 12:15 – 13:20	C1	B2 Subject 3	A2	G4 Pro-Study Registered	Enrichment
5 13:20 – 14:05	Lunch	Lunch	Lunch	Lunch	Lunch
6 14:05 – 15:10	D1 Subject 2	B3 Subject 3	A3	E3	F4 Subject 1
7 15:10 – 16:15	B1 Subject 3	D2 Subject 2	Enrichment	A4	E4

High expectations and achievement

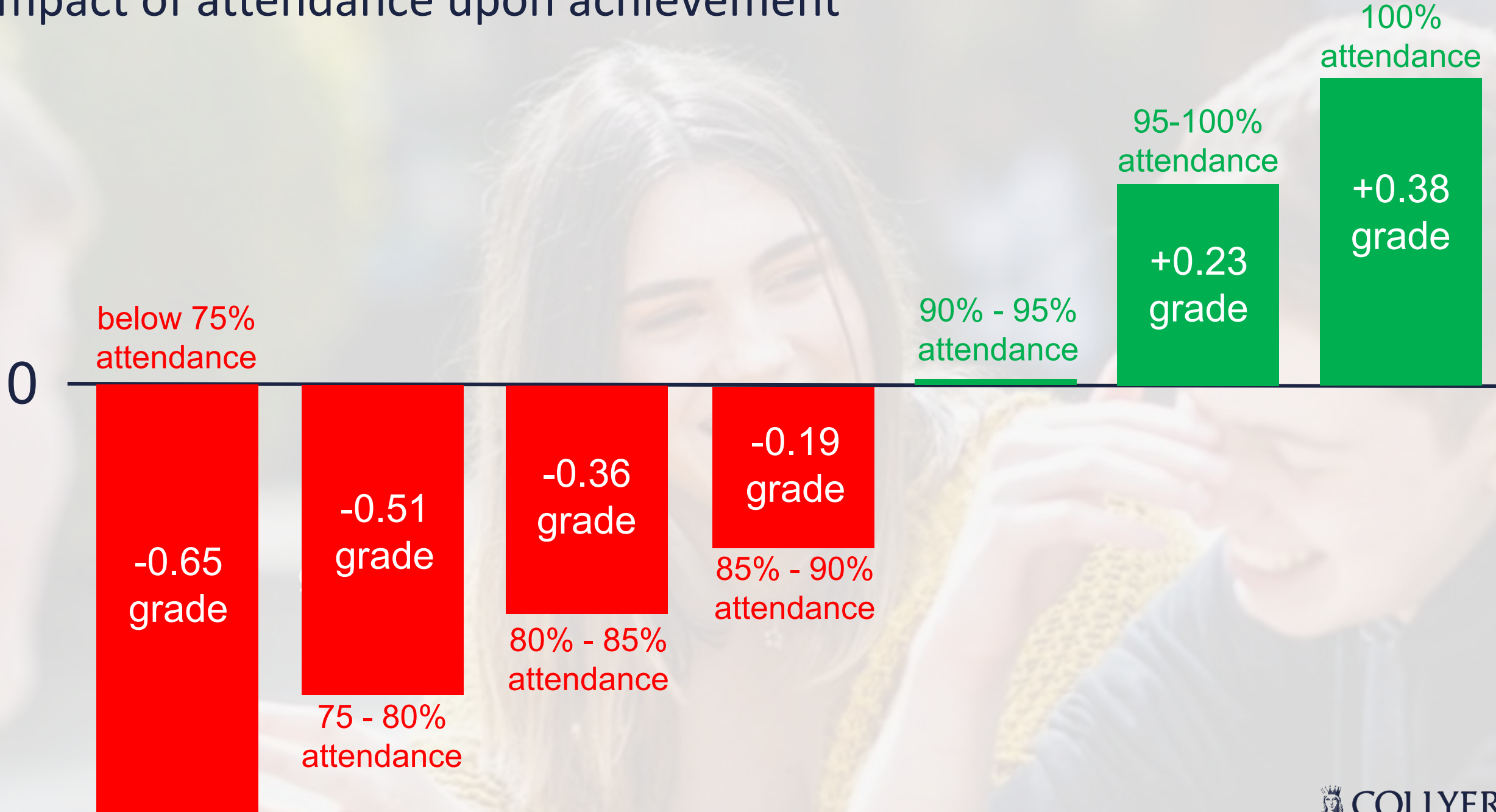
Attendance

Punctuality

Commitment

Perseverance

Impact of attendance upon achievement



Studentship

Vision

- Do you know what you want to achieve?
- Why are you studying your chosen subjects?
- What career do you wish to pursue?

Effort

- How many hours of independent study do you do?
- How do you compare to the most committed students in your year group?

Systems

- How do you organise your learning and your time?
- Do you have any study or time management methods or techniques to draw on?

Practice

- What kind of work do you do to practice your skills and cement your knowledge?
- Are you using the most effective study strategies?

Attitude

- How do you respond to setbacks?
- How do you use feedback?

Key assessments, exams and Progress Reviews

Foundation	PR1 October	GCSE resits November	PR2 January		PR3 March	GCSE resits May	Level 2 Vocational Final Exams May/June	
1A	PR1 October	Mid-year exams Vocational exams Dec / Jan	PR2 January		PR3 March	Transfer exams Vocational exams May	PR4 June	
2A	PR1 October	Vocational Mocks November	Vocational exams Dec / Jan	PR2 January	A-Level Mock Exams February	PR3 March	A-Level / Vocational Final Mocks April/May	A-Level / Vocational Final Exams May/June

Progress reviews

Student 1

Target grade	Current grade	Estimated grade	VESPA			Attendance	Punctuality	Parents eve
			Effort	Systems	Practice			
B	A	A*	1	1	1	100%	98%	

Student 2

Target grade	Current grade	Estimated grade	Effort	Systems	Practice	Attendance	Punctuality	Parents eve
B	C	D	2	2	3	90%	97%	✓

MyProgress

The screenshot shows the MyProgress website for Collyer's School. The header is blue with the school's logo and crest. Below the header is an orange navigation bar with the text "Up to Teaching", "Rob, here is progress", and "Logout here". A message states "You loaded this page at 13:56 on 20/09/2023". The main navigation bar is yellow and contains links: Profile, Groups, Times, Attendance, Tracking, Notes, Exams, Shop, and 360. Below this is another yellow bar with links: Alerts, Home, College, GCSEs, Applications, Staff, Support, and Links. The main content area is yellow and features a "College Profile" section. On the left is a placeholder for a "Student's photo". In the center, text reads: "Here are the basic details of your place at Collyer's. If you find anything wrong please e-mail: MyProgress@collyers.ac.uk". To the right is a photograph of the school's exterior. Below the photo is a white box containing a list of student details: Unique Learner Number, Student Reference, Username, International student, Average GCSE, Candidate Number, BTEC/T-Level number, Exam entries, and Green Corner. To the right of this list is the text "Student's details".

COLLYER'S
Burdett of National College

Up to Teaching **Rob**, here is progress Logout here

You loaded this page at 13:56 on 20/09/2023

Profile Groups Times ↓ Attendance Tracking ↓ Notes ↓ Exams ↓ Shop ↓ 360 ↓

Alerts Home **College** GCSEs Applications Staff Support Links

College Profile

Student's photo

Here are the basic details of your place at Collyer's. If you find anything wrong please e-mail:
MyProgress@collyers.ac.uk

Student's details

- Unique Learner Number
- Student Reference
- Username
- International student
- Average GCSE
- Candidate Number
- BTEC/T-Level number
- Exam entries
- Green Corner

- Profile including contact information
- Groups
- Timetable
- Attendance
- **Tracking**
- Action Plans
- Notes
- Exams
- Shop
- Collyer's 360: Progression, Enrichment, Work Experience
- Support

Progress reviews

- 4 times per year: November, January, March and June


print

Standard9
theme

2022
course year

Progress Reviews

Session
Category


key


guide

way below target

below target

on target or better

click to give your own review:

1. October

2. January

3. March

4. June

earliest date for your review:

09/10/2023 08:00

04/12/2024 08:00

04/03/2024 08:30

03/06/2024 08:30

latest date for your review:

16/10/2023 23:00

11/12/2024 23:00

11/03/2024 23:00

11/06/2024 23:00

date staff reviews are revealed:

30/10/2023 17:00

02/01/2024 08:30

18/03/2024 08:30

13/06/2024 17:00

☒ If an Appointment is checked see the teacher to book a place at the next parental review meeting

Subject	Target	Reviewer	Current1	Estimated1	Effort1	Systems1	Practice1	Attendance1	Punctuality1	Appntmnt1	Current2	Estimated2	Effort2	Systems2	Practice2	Attendance2	Punctuality2	Appntmnt2	Current3	Estimated3	Effort3	Systems3	Practice3	Attendance3	Punctuality3	Appntmnt3	Current4	Estimated4	Effort4	Systems4	Practice4	Attendance4	Punctuality4	Appntmnt4	Cont.Exam	UCAS	Final
1A/IL Pro Study C1 / C3	X							90%	100%							75%	100%								100%	95%						89%	100%				
1st Year Tutorial	X							100%	100%							83%	100%								100%	100%						71%	100%				
Biology 1A	A*	you	C	B	2	2	2				B	B	2	2	2					A	A	1	1	1				A	A	1	1	1					
Biology 1A	A*	CLP	A	A*	1	1	1	100%	100%		A	A	1	1	1	96%	100%			A	A	1	1	1	93%	100%		A*	A*	1	1	1	93%	100%			A*
Book Club - Autumn 1	X							100%	100%							100%	100%																				
Book Club - Spring 1	X							100%	100%							100%	100%																				
Chemistry 1A	A*	you	C	B	2	2	2				B	B	2	2	2					A	A	1	1	1				A	A	1	1	1					
Chemistry 1A	A*	AXC	B	A	1	1	1	100%	100%		B	B	2	1	2	88%	100%			A*	A*	1	1	1	100%	100%		A	A	1	1	1	100%	100%			A
Extended Project Summer	X																															100%	100%				
Psychology 1A	A*	you	C	B	2	2	2				B	B	2	2	2					A	A	1	1	1				A	A	1	1	1					
Psychology 1A	A*	SXD	A	A*	1	1	1	100%	100%		A*	A*	1	1	1	93%	96%			A*	A*	1	1	1	98%	100%		A*	A*	1	1	1	93%	100%			A*
Ready to Learn - AXC	X																																				

Progress Review Plans – student initiated

[Profile ↓](#) [Groups](#) [Times ↓](#) [Attendance ↓](#) [Tracking](#) [Notes ↓](#) [Exams ↓](#) [Shop ↓](#) [360 ↓](#)

[MarkBook](#) [Progress](#) [Action Plan](#) [PR plan](#) [Summer work](#)

Academic year: 2024 ▼

Progress Review Plans

[October](#) [January](#) [March](#) [June/PR4](#)

Progress Review plan for 2024/2025 - October [? Guide](#)
*Fields marked with * are mandatory*

Studentship and Academic Progress

What's going well?*

I am meeting my target grades and am on track to achieve good grades in my final exams. I have done well in studentship grades and feel pleased with the effort and organisation of my studies currently and my extracurricular activities are on track. I feel I am doing well in history having completed my first draft of my coursework and enjoying the new topic of Britain.

(Min 50/Max 500 characters) - Character count: 370

Something to improve*

Due to my attendance is 92% this half term. I would like to avoid any further absences where physically possible. I would also like to take part in some lectures relevant to my subjects that are posted on myProgress.

(Min 50/Max 500 characters) - Character count: 237

Progress Review Plans – student initiated

Personal Development

Current progression route:*

Current career aim:*

What are you/could you be doing to enhance your personal development?*

Participating in some career relevant or just community-based volunteer work. Engaging in my interests in history by reading more historical fiction and non-fiction and watching historical documentaries.

(Min 50/Max 500 characters) - Character count: 203

Additional comments (optional)

Updated on: 08/11/2024 14:32

Submitted on 04/11/2024 17:14

Progress review note

Date: 19/11/2024 11:13

By: RXC

 is having another excellent year. Her studentship grades are brilliant and she is on target to achieve what she wants. Also, she has been organised with ucas and finding her own personal development with lectures and volunteer work.

Termly Subject Newsletters

- Overview of the work students will be completing
- Expectations around study behaviours
- Independent study guidance
- Pro-Study information
- Assessment details
- Scheme of work
- Workshop timetable

3D Design	Back
We follow AQA Art and Design 3D design pathway. Across the whole course students will be assessed by a non-exam assessment (NEA, most commonly referred to as coursework) which makes up 60% of student's final grade, and a 15-hour design-based exam which makes up the other 40%. The coursework will run throughout the first year and up until February of the 2nd year, at which point we will be given the themes for the exam and some prep time to build a portfolio for the exam. During this first term we will be introducing our digital 3D modelling software. We run Fusion and Blender, we will look at how to use each software to model products, architecture furniture etc. along with how to make realistic final renders that would be found in industry	
This term, students may notice they must work quickly. There are many core skills to cover in lesson time, and the expectation is that students continue to work on this outside of lesson time. This may be by coming into the classroom during free lessons or working at home.	
Independent study this term: To support the development of student's communication skills, they will set physical modelling challenges at home. It would be beneficial for students if they were to have some basic modelling equipment at home. I would recommend that students have a cutting mat, set of craft knives and blades, glue gun and steel ruler. We do have this equipment in college that students are free to use in their free lessons but to continue to develop their skills students are encouraged to work on them at home as well.	
Pro-study this term: can be found on the front of the 3D Design SharePoint	
Next assessment(s): Assessments will be set every two weeks, at the start of each assessment they will be given a demo on how to design a specific item using our 3D software, students will then have two weeks to finish the modelling and texturing/rendering of the item before submitting it on teams. All assessments are due in on Sunday evenings on teams to allow students to finish any work they need to over the weekend	
Further links: Scheme of work Workshop timetable:	Other reminders: All students must create a (free) account with Autodesk to complete their work at home.

Subject SharePoint sites

 SharePoint

Search this site







Psychology

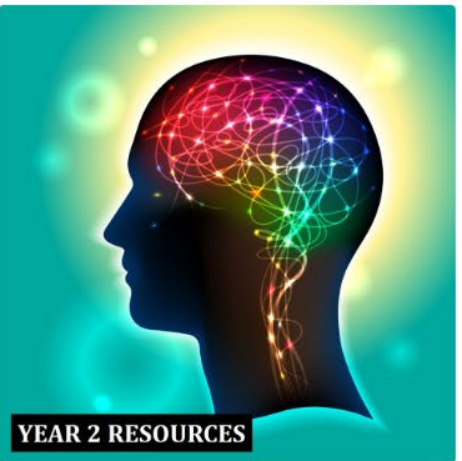
[Home](#) [Staff](#) [Contents](#) [Year 1](#) [Year 2](#) [Pro-Study](#) [Study Help!](#) [Quizzes](#) [Podcasts](#) [Aim High](#) [Welcome day summer work](#) [Progression](#) [Library Resources](#)



Welcome to Psychology at Collyer's



YEAR 1 RESOURCES



YEAR 2 RESOURCES

Useful Links



Exam Papers



AQA
www.aqa.org.uk

AQA Specification



AS and A-Level Psychology AQA Revision Notes | Simply ...



Explore | tutor2u Psychology

Pastoral Information

Andrea John
Vice Principal
Pastoral

Stepping up to sixth form

- Developing Independence
- Pastoral Provision
- Student Engagement
- Personal Development
- Student Support
- Student Progression
- Further information for parents

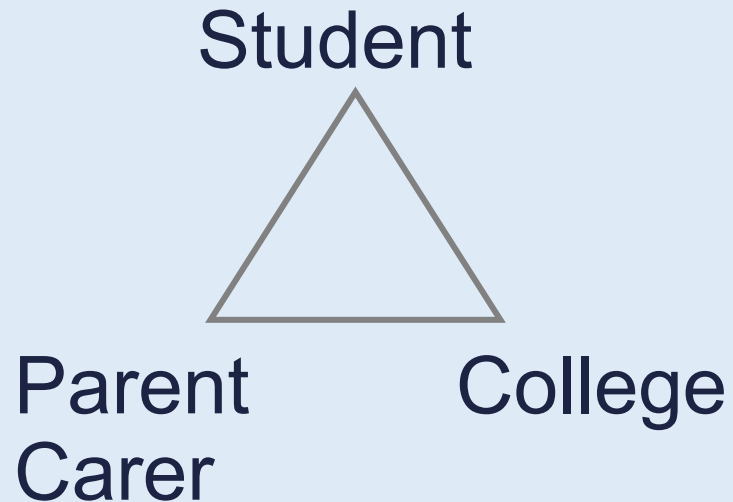


COLLYER'S
Founded in 1532

Developing Independence

- at college
- at home
- at work
- personally
- socially

Sometimes students need help with making good choices and setting healthy boundaries:



Flipped Learning



Independent Study



Part-Time Work



Sleep



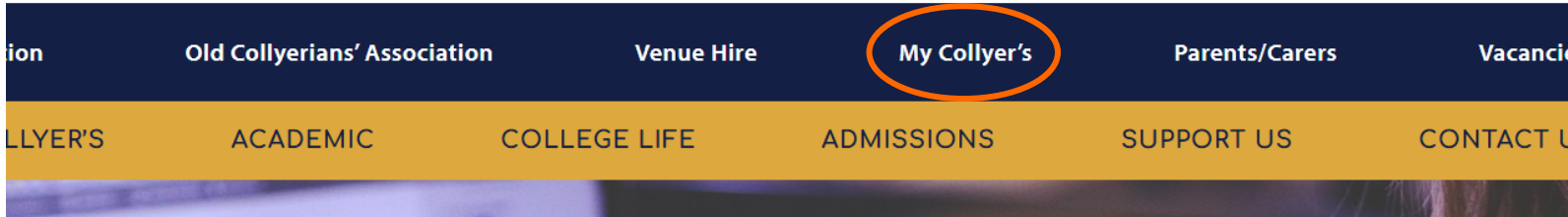
Social Life



Intervention

Student Common Room: Student access to SharePoint

www.collyers.ac.uk



The Student CommonRoom

[Home](#) [Map/Floor Plan](#) [Multi Faith Prayer Room](#)

Student Common Room

The Student CommonRoom

Important Resources -scroll to view all



College Wifi



Subjects



My Progress



Personal Development inc Tutorial, Careers, Enrichment, Higher Ed

Important Student Services/Help sites

SERVICES

INFORMATION ASSISTANCE & ADVICE

Absence and Attendance
Bursary and Travel Award applications
Car Parking
Confirmation of Enrolment letters
Counselling & Wellbeing
Cycle Compound registration
Employment references

find us in B002&3
Ground Floor
Buckie Building

see us we are OPEN

Student Services

STUDY SUPPORT

OUR FRIENDLY TEAM ARE HERE TO HELP

LOCATION IN B009
You can find us in the ground floor of the Buckie building

We provide specialist and individualised help to enable students to access their learning potential

Study Support



Student Wellbeing

SAFEGUARDING OUR STUDENTS

Collyer's Safeguarding Team

Safeguarding

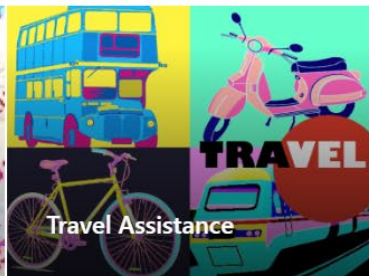
Student Services

Student Services

[Home](#) [Financial Support & Bursaries](#) [Travel Assistance](#) [Absence and Attendance](#) [Safeguarding](#) [Sexual Health](#) [2024 Award Schemes](#)

**FINANCIAL
SUPPORT &
BURSARIES**

Financial Support & Bursaries



Travel Assistance



Absence and Attendance



Sexual Health



Safeguarding

COLLYER'S
**STUDENT
SERVICES**
INFORMATION
ASSISTANCE & ADVICE

find us in
B002&3
Ground Floor
Buckle Building

Absence and Attendance
Bursary and Travel Award applications
Confirmation of Enrolment letters
Counselling & Wellbeing
Cycle Compound registration
Employment references
Financial support
Free College Meals
Lost Property
Moped Parking applications
Period Equality products
Safeguarding Team
Sexual Health
Student Travel assistance
UCAS application processing

see us
we are **OPEN**
monday - friday
8:30 to 4:30

ask us
our friendly
team are here to
help with a
wide range of
your queries

email us
studentservices
@collyers.ac.uk

follow us on
SharePoint
for news
and info

visit us in B002&3

Pastoral Directors



Allison Clarke (Collyer's)

Director of Student Engagement; ...



Rebecca Adams (Collyer's)

Director of Personal Development...



Greg Friend (Collyer's)

Director of Student Support



Ian McAlister (Collyer's)

Director of Progression HE; Teach...



COLLYER'S
Founded in 1532

Student Engagement: Tutors & Heads of House

Role of Personal Tutor:

- provides guidance and support through each stage of sixth form journey
- first point of contact for concerns and queries from students and parents/carers
- monitors overall attendance, academic progress and student wellbeing
- supports personal development through Tutorial Programme and 1-to-1 meetings
- supports progression to university, an apprenticeship or employment
- coordinates Stage 1 intervention to address emerging concerns

Role of Head of House:

- similar role to a head of year in a secondary school
- provides guidance with more complex issues or needs
- manages Stage 2 intervention when there are ongoing concerns

Student Engagement: Student Contract & Intervention

Concerns	Stage 1	Stage 2	Stage 3
Attendance	Below 90%	Below 80%	Below 70%
Punctuality	Emerging Pattern of Lateness Late for lessons 2 or more times per week for 2-3 weeks, or has accrued over 60mins of lateness	Persistent/Habitual Lateness Late for lessons 2 or more times per week and/or failure to engage/respond to Stage 1 interventions to improve punctuality	Persistent/Habitual Lateness Late for lessons 2 or more times per week and/or failure to engage/respond to Stage 2 interventions to improve punctuality
Studentship	Average Studentship Grade: 3.0+ Emerging pattern of late submission or non-completion of work	Average Studentship Grade: 3.3+ Persistent late submission or non-completion of work	Average Studentship Grade: 3.6+ Persistent late submission or Non-completion of work
Behaviour	3+ L1 Behaviour Notes	L2 Behaviour Referral - Incident of Serious Misconduct Or failure to respond to Stage 1 interventions to improve behaviour	L3 Behaviour Referral - Incident of Gross Misconduct Or failure to respond to Stage 2 interventions to improve behaviour
Engagement	Failure to engage with subject and/or pastoral support	Failure to engage with Stage 1 intervention and support	Failure to engage with Stage 2 intervention and support

Personal Development: Tutorial Programme

Your weekly tutorial programme is designed to support your study at college and prepare you for your next steps after college. It will cover the following themes:

- Studentship
- Safeguarding & Wellbeing
- Progression & Skills
- Equality, Diversity & Inclusion (EDI)
- Relationships, Sex & Health Education (RSHE)
- Student Voice, College Community & Citizenship

You will have one tutor session a week. A tutor session will usually consist of:

- Updates from the college bulletin (5 minutes)
- Tutorial content, outlined in the schedule below (20-30 minutes)
- Past week's attendance, comments, notes and action plan checks, after which most students will be dismissed
- One to ones with selected students that week (20-30 minutes)

You can expect a one-to-one in your first half term. After that, expect a one-to-one at least once a term.



COLLYER'S
ACADEMY

SAFEGUARDING OUR STUDENTS

If you have a concern about yourself or someone you know, you can...
speak to your Tutor, Teacher, Head of House or a Safeguarding Team member

Student Services Office
8002 & 8003 – Ground Floor, Buckle Building
email: safe@collyers.ac.uk

SUBSTANCE ABUSE
CYBER BULLYING
MENTAL HEALTH
EXTREMISM
RACISM
DOMESTIC VIOLENCE
DISCRIMINATION
PSYCHOLOGICAL ABUSE
RADICALISATION
HOMELESSNESS
SEXUAL EXPLOITATION
HOMOPHOBIA
DEPRESSION
DRUGS
SELF HARM

VESPA: Practice: *Snack, Don't Binge: The Weekly Review*

✓ Studies show that cramming or binging on learning isn't as successful as snacking on it

You will have a better understanding of key information if you review your learning regularly rather leaving it to pile up and trying to tackle it all at once

Your productivity – the amount of efficient and effective work you do – is significantly improved by doing small amounts of work frequently

Your wellbeing will also thank you - Students who make a habit of the Weekly Review are often much calmer and less stressed.

You can leave school on Friday knowing you are on top of things or come into a new week with a clear and manageable plan to work from.

Timetable Activity: Maximising your free periods

Use 3 colours:

Colour 1. Fill in the blank timetable with everything on your My Progress timetable

Colour 2. Add in 4 hours of independent study per subject

Colour 3. Add in personal time such as exercise, relaxation or paid work commitments

Top tip: log in to My Progress regularly to view your timetable rather than relying solely on a screen shot so that you don't miss timetable changes at the beginning of the year.



Enrichment:

FROM BASKETBALL TO BAKE OFF, DOODLING TO DUNGEONS & DRAGONS, WHOEVER YOU ARE, WHATEVER YOU ENJOY, THERE IS AN ENRICHMENT FOR YOU AT COLLYER'S!

ENRICHMENT: ENRICHMENT BOOKING OPENS ON MYPROGRESS TUESDAY 15TH SEPTEMBER 6PM AND STAYS OPEN UNTIL FRIDAY.

AS PART OF THE COLLYER'S \$60 PROGRAMME, WHICH ENABLES YOU TO GAIN EXTRA-CURRICULAR CREDITS, YOU MUST COMPLETE AT LEAST 12 HOURS OF ENRICHMENT IN YOUR FIRST YEAR.

JOINING OR CREATING A CLUB/SOCIETY IS A GREAT WAY TO MEET NEW PEOPLE AND WILL GIVE YOU EXPERIENCES TO WRITE ABOUT IN YOUR POST-COLLEGE APPLICATIONS. POPULAR ENRICHMENT ACTIVITIES FILL UP FAST, SO BOOK EARLY!

Personal Development: Enrichment Programme

- **Over 120 regular activities** to choose from
- **2 dedicated enrichment slots** plus lunchtime and after-college activities
- All students engage in **minimum 12 hrs regular enrichment** per year
- Students accrue **Collyer's 360 Credits** for participation in enrichment activities, events, representing the college and taking leadership roles
- **Collyer's 360 awards** presented at the end of final year
- **Central record** of participation on MyProgress, making it easy to **track achievements** and providing useful information for future applications

.bMindfulness AcademicAnxiety ArtPortfolio AspirationalApprentices AuditionPieces Badminton Ballet
Basketball BookClub BridgeClub BritishAlgorithmicOlympiad
Calligraphy CarbonLiteracy UndergraduateChemistry Chess ChristianUnion
Collyer'sVinted Comics&GraphicNovels BebrasComputingChallenge CreativeComedyWriting Poetry
CrochetClub CyberCenturions Cybersecurity DanceCompany RambertGrades DanceSociety
DebatingSociety DofE Dungeons&Dragons EDIcommittee Experimental&ExpressiveDrawing
FeministSociety FilmClub Football FrenchTarot GamesClub GeographicalFutures GeographySociety
HandSewingClub HeritageProject HistoryUCAS Hockey IHGSkillsAcademy
InterpretingthePast
InvestorChallenge
LAMDAPublicSpeaking Latin LGBTQ+Society LiveSoundEngineering MAT&TMUA SeniorMathsChallenge
STEP&AEA MediaHub MedicalDebatingSociety MedicsVets&DentistsPreparation Choir JazzEnsemble
Orchestra Sinfonia MusicProduction&StudioRecording Netball VarietyShow PhotographyPortfolio
Photoshop PhysicsPATforOxford WomeninPhysicsSociety Pilates PoliticsSociety ItalianRenaissanceArt
PsychologyHE&Research PsychologyDocumentaryClub RCU RecyclingClub Rugby ScaleModelMaking
CRESTAward SelfDefence SocialAnxiety SociologyFilmClub SpanishFilmClub Stage&TheatreLighting
TableTennis TASS Tennis ArtOfDoodling TheRepairShop ScienceofMentalHealth TransSociety Volleyball
WebsiteDevelopment YoungEnterpriseScheme

Collyer's 360°

Student Progression: Careers & WEX



Julie Crysell (Collyer's)
Careers Advisor

Careers Information, Advice and Guidance

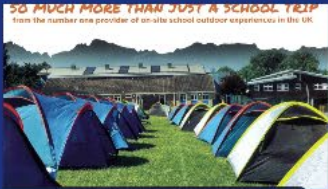


Collyer's Careers Team (@collyers_careers)

Careers News
+ Add

Careers & WEX Drop-in

Tues 1:20-2:05 in L002





Publicis Groupe: Marketing WEX Day
London | 29 October

Learn more →



Unifrog events: VWEX
with the Institution of
Mechanical Engineering...



h trowers & hamlin
Trower & Hamlin
Solicitor Apprenticeship
WEX day London | 29...



A&O SHEARMAN
A&O Shearman Law WEX
Day London | 14 Nov



Linklaters
Linklaters Solicitor
Apprenticeship WEX Day
London | 7 Nov

Part-time work with Woods for Learning & Big School Camp

Are you ready for a new adventure? Wood for Learning & Big School Camp are keen to hea...

Sarah Tillier (Collyer's) 3 hours ago

What University? & What Career? Live at Olympia London | 15 & 16 November

Tickets are now available for What University? & What Career? Live at Olympia London on 1...



Apprenticeship Info

Student Progression: Higher Education

^ Exploring Higher Education



Using UCAS hub to Apply to University



How to use Unifrog



University Guide 2023 - 2024 (a parents guide)



Choosing the right undergraduate course



How to choose the right undergraduate course for you



Expert advice on choosing a uni course - The Uni Guide



Take Aim for HE Sharepoint 2025 applicants version



Digital Prospectuses



Can I Afford To Go To University



Things to consider when deciding where to study your degree



Studying Abroad



Writing Your University Personal Statement

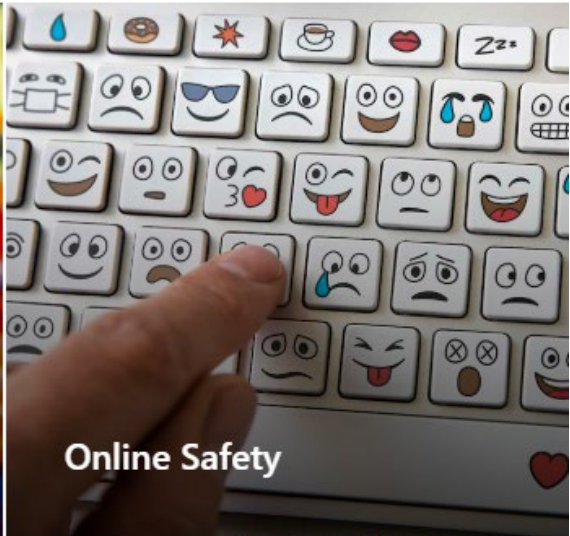
University Open Days

View

Student Support: Safeguarding



Physical Safety



Online Safety



Mental Safety



Is something pulling you a
Radicalisation and Extremism

COLLYER'S SAFEGUARDING TEAM

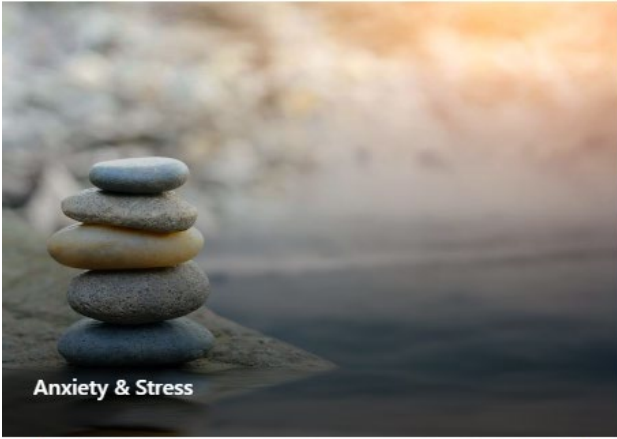
 Andrea John Vice Principal - Pastoral Designated Safeguarding Lead (SMT)	 Greg Friend Director of Student Support Deputy Designated Safeguarding Lead	 Helen Bolger Head of Wellbeing	 Chris Brown Wellbeing Practitioner
 Nicola Algar Student Services Manager	 Mel Lusher-Dulieu Student Services Officer	 Lauren Ashby Student Services Officer	 Lindy Nicholls Student Services Officer

IF YOU HAVE A CONCERN ABOUT YOURSELF OR
SOMEONE YOU KNOW, VISIT THE
STUDENT SERVICES OFFICE
B002 & B003 - GROUND FLOOR BUCKLE BUILDING
email: safe@collyers.ac.uk

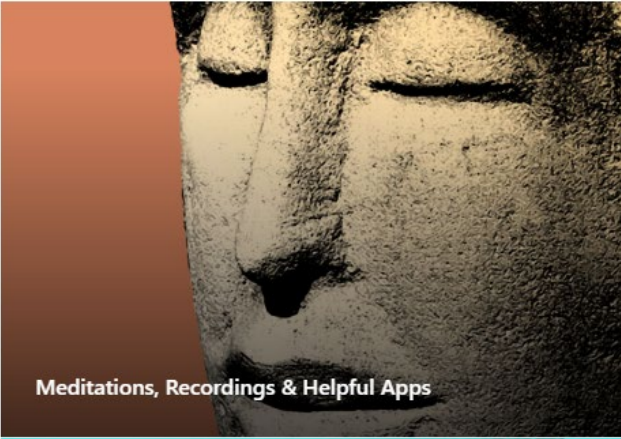
Student Support: Wellbeing

WELLBEING & STUDY SKILLS at COLLYER'S THIS AUTUMN

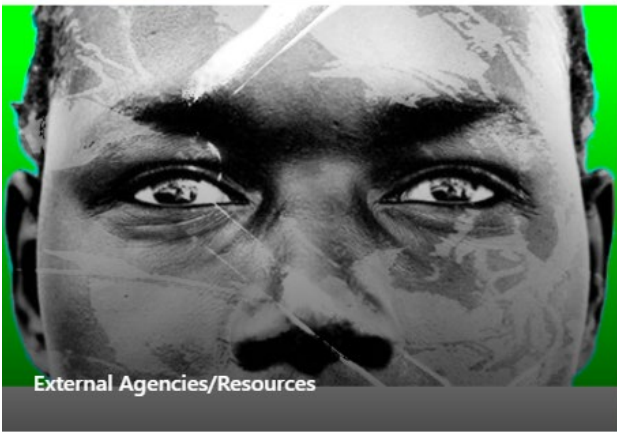
Course	What is it about?	Is it for me?	How to join
TRANSITION: BUILDING CONFIDENCE FOR COLLEGE LIFE	Build confidence, settle into college and find out about support, courses and clubs.	You are new to college, finding change difficult, feeling anxious, or would like help settling in.	Book on MyProgress Enrichment
INDEPENDENT LEARNER	Explore practical techniques for studying, remembering information, staying focussed and managing exams.	You want help getting started, staying organised or preparing for exams.	Book on MyProgress Enrichment
CONNECTIONS	A relaxed, friendly activity group where you can try something creative, play games and meet new people.	You want to feel more connected, meet people gradually, or join activities without pressure.	Book on MyProgress Enrichment
NATURE CONNECTION & CREATIVITY	A short creative course exploring how nature and outdoor spaces can support your wellbeing.	You would like a quieter workshop, enjoy being creative, or want gentle ways to feel calmer and more grounded.	Book on MyProgress Enrichment
MINDFULNESS	A short course to try simple mindfulness techniques for stress, focus and everyday challenges.	You feel stressed, overwhelmed or distracted and want practical ways to pause and reset.	Book on MyProgress Enrichment
THE SCIENCE OF MENTAL HEALTH	Build your understanding of mental health and wellbeing. A useful first step in becoming a Wellbeing Ambassador.	You are interested in mental health, wellbeing or becoming a Wellbeing Ambassador.	Book on MyProgress Enrichment
MEDITATION MAINTENANCE	Achieve day-to-day calm and enforce some self-care with just 10 minutes of meditation.	A weekly opportunity to keep your meditation practice alive. Meeting ID: 765 8719 8110 Passcode: K4BXsJ	Online via Zoom every Wednesday at 8:15am
SOCIAL ANXIETY	A supportive course to help you understand social anxiety and build confidence with others.	You find social situations difficult, avoid groups or conversations, or want to feel more confident with others.	Book on MyProgress Enrichment
WELLBEING HUB	A lunchtime drop-in where you can ask about college support, volunteering, agency signposting and i-Rock.	You want information about wellbeing support (college and external) or volunteering opportunities.	Drop-in open every lunchtime in the Wellbeing Hub
PROCRASTINATION	Find out why we put things off, how this can affect our choices and how to spot your own patterns. Learn simple ways to get started and keep going.	You often put things off, struggle to get started, leave things to the last minute and sometimes miss deadlines.	Book on MyProgress Enrichment
STUDY SKILLS	1:1 Study Support Hub help with study skills, subjects, organisation and independent learning.	You would like individual help with study, subjects or learning skills.	Email: VLA@collyers.ac.uk
EXAM READY!	A course to help you prepare for exams, including GCSE resits, BTEC exams and other assessments.	You need help preparing for upcoming exams and assessments.	Book on MyProgress Enrichment
HEARING IMPAIRMENT SUPPORT	Support for those with hearing impairment needs, including access to learning, college life and helpful adjustments.	You have a hearing impairment and would like support.	Book on MyProgress Enrichment



Anxiety & Stress



Meditations, Recordings & Helpful Apps



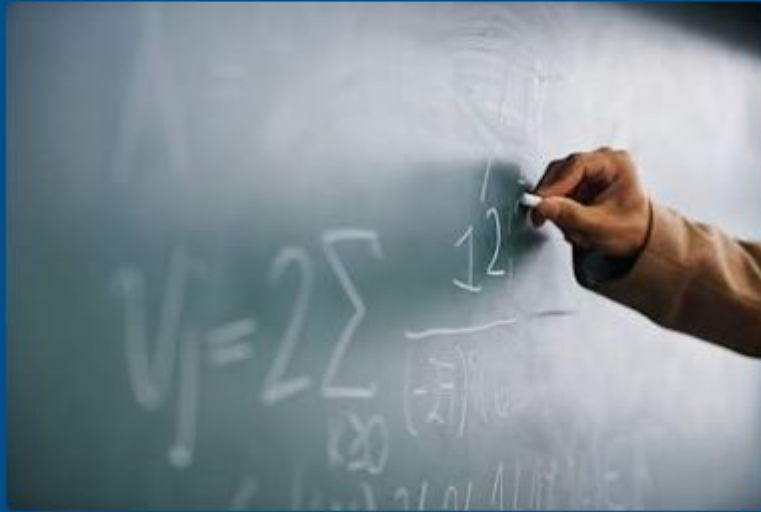
External Agencies/Resources



Books, Magazines, Articles

Student Support: Study Support Team

Assistance in and out of class for students with SEND and EHCP's. You might see us around college and in classrooms throughout the year.



Exams Access Arrangements for those students who qualify and need them. This includes providing training and provision with assistive technology for exams.



Support for all students via our Study Support Hub sessions and other support workshops. You may sometimes be referred to us, but you can also get in contact if you feel you need the help!



Effective Note Taking



Effective Reading



Memory



Time Management



Organisation



Essay Structure



Academic English



Helpful Links

Information & Resources for Parents/Carers

